

AEROBICS
2009-10 FITNESS EXPERIENCE

After you workout, record your class visit on a slip of paper provided near the front desk. Class visits will be collected from August to July each year. Failure to report any classes for four (4) consecutive weeks results in the loss of any accumulated visits up to that point. Unless you make arrangements in advance, you will start at zero (0) when you resume turning in class visits.

DISTANCE T-shirts for 100 or more classes

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AWARDS Certificates for 75-99 classes

Mileage from **August 1, 2009 to July 25, 2010**

100 classes and more

Rachelle Schoulte	402.00	Christine Luebe	142.00
Nancy Patrick	269.00	Don Oliver	129.00
Denise Houlahan	217.00	Jennifer Shaddox	127.00
Rita Burrell	203.00	Robin Squires	121.00
Gina Garman	202.00	Kathy Geers	118.00 *
Deb Skelton	199.00	Ann Rowe	115.00
Larry Ihde	170.00	Bev Kadlec	113.00
Jenn Kinner	158.00 *	Sandy Osborn	107.00
Pam Purvis	144.00 *	Karla Graves	100.00 *

75-99 classes

Sandi Daubs	99.00
Sandy Boyer	86.00 *
Mary Weber	79.00 *

0-74 classes

Barb Dittmar	74.00 **	Jeff Meskimen	25.00 ****
Bruce Kinner	74.00	Heather Cox	24.00 ****
Donna Butikofer	62.00 ***	Julie Hakert	20.00 ****
LaVerne Daugherty	60.00	Linda Schultz	18.00
Carol Funke	59.00	Ara Ispentchian	15.00 **
Dennis Lee	52.00 ****	Kelsey Kearns	13.00 ****
Victoria Burns	50.00 ****	Fred Stieglitz	12.00 ****
Sher Barns	50.00 *	Tim Kroeze	12.00 **
Rachel Clayton	50.00	Tracie Thomas	10.00 **
Cheryl Hall	46.00	Shawn Cortez	9.00 ****
Deanna Haddy	36.00	Dan Carolin	8.00 ****
Brittney Shireman	35.00 ****	Ellery Smith	6.00 ****
Carole Ungerer	34.00 *	Jill Louzek	6.00
Sarah Mugge	31.00 ****	Jenny Powers	3.00 ****
Nikki Robertson	27.00	Nancy Fox	3.00 ****
Sue Gerth	26.00 ****	Carrie Kimpton	2.00 ****
Elizabeth Schmitz	26.00 ****	Kelly O'Hara	1.00 ****
		Suzanne Lentner	1.00 **

AEROBICS CLASSES BASED ON
HGN 07/25/10; MARION 07/23/10
STONE POINT 07/23/10

BIKING
2009-10 FITNESS EXPERIENCE

After you workout, record your mileage to the **nearest tenth of a mile** on a slip of paper provided near the front desk. Mileage will be collected from August to July each year. Failure to report any mileage for four (4) consecutive weeks results in the loss of any mileage, unless you make arrangements, you will start at zero (0) when you resume turning in mileage.

DISTANCE T-shirts for 1000 or more miles

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AWARDS Certificates for 250 - 999.9 miles

Mileage from **August 1, 2009 to July 25, 2010**

1000 miles and up

Connie Bird	4825.00	Carl Schmeiser	1455.60 **
Ray Johnston	4387.00	Karissa Schatz	1432.00
Mike Condon	2857.20	Tim Kroeze	1350.00
Jim Bernstein	2759.32	Dennis Lee	1235.00 ****
Matt Fritz	1841.90	Earl Vance	1198.80 ****
Donna Butikofer	1838.00 ***	Bill Anderson	1216.20
Carrie Kimpton	1832.00	Charles Munro	1161.25
Nancy Fox	1712.00 *	Kevin Fox	1125.00 **
Fred Stieglitz	1707.70	Marliese Schmeiser	1007.10 *
Jeff Meskimen	1532.00		

250 miles to 999.9 miles

Rachelle Schoulte	991.30	LaVerne Daugherty	387.10
Rick Hays	941.10	Dick Heft	381.00
Dotti Burke	857.12	Ellery Smith	380.00 ****
Trudy Woods	649.00	Doug Wagner	374.02 ****
Phil Lowder	553.10	Josh Moore	365.75 ****
Don Oliver	539.00	Sarah Mugge	354.20 ****
Jeff Howington	517.12 ***	Maggie Hrvol	348.48
Bob Dueker	461.60 ****	Mary Weber	344.00 *
Harmanjit Mallhi	455.52 ****	Cheryl Hall	322.75
Megan Pedelty	442.00 ****	Kathy Geers	300.30 *
Donna Herring	432.75 *	Elizabeth Olsem	270.40
Dan Hernandez	420.33 ****	Khushman Dodd	262.69 **

0 miles to 249.9 miles

Denise Houlahar	218.45	Elizabeth Schmitz	81.00 ****
Ara Ispentchiar	214.00 ****	John Hall	73.07 *
Bob Szczesniak	208.00 ****	Dan Carolin (ON HOLD)	71.00
Joyce Westberry	200.50 ****	Nick Gearhart	66.00 **
Karen Fashimpau	200.00 ***	Jason Beech	56.50 ****
Mona Elkhaldy	164.00 ****	Deb Gaddis	52.00 ****
Eric Howington	163.00 ***	Kelsey Kearns	43.41 ****
Nancy Patrick	156.75 **	Nicole Powers	42.03 ****
Melissa McBride	150.00 ****	Chevonne Claytor	35.40 ****
Kathy Murphy	135.00 ****	Tracie Thomas	34.65 ****
Tonya Braggs	133.95	Jessica Schmeiser	33.00 ****
Sue Gerth	130.53	Christine Luebe	31.25 ***
Jenny Powers	123.06 ****	Gina Garman	25.10
William Edmonds	118.40	Patrick Regan	11.15 ****
Mary Edmonds	101.90	Sarah Hamed	7.00
Tim Bickel	90.26 ****	Vickie See	2.10
		Nancy Raue	1.00 ***
		Michelle Phelps	1.00 *

**BASED ON TOTALS AS OF:
HGN 07/25/10 MARION 07/23/10**

BIKING

**STONEY POINT
07/23/10**

RUNNING

2009-10 FITNESS EXPERIENCE

After you workout, record your mileage to the nearest tenth of a mile on a slip of paper provided near the front desk. Mileage will be collected from August to July each year. Failure to report any mileage for four (4) consecutive weeks results in the loss of any mileage, unless you make arrangements, you will start at zero (0) when you resume turning in mileage.

DISTANCE T-shirts for 500 or more miles

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AWARDS Certificates for 150 - 499.9 miles

Mileage from **August 1, 2009 to July 25, 2010**

500 miles and up

Dennis Lee	2110.00	****		
Craig Brophy	1460.00		Dan Carolin	729.40 *
Chris Lyon	1315.00		Kevin Rice	695.00
Donna Herring	1059.05	*	Jasmine Bird	616.00
Sarah Hamed	1028.50		Mark Hammons	548.35
Keith McBride	1004.00	**	Deanna Haddy	540.00
Terry Jessen	985.00	***	Pat Stepanek	537.50
Jackie Barnum	920.50		Kevin Fox	527.50 **
Larry Ihde	892.43		Lance Dickson	518.50
Gina Garman	857.00		Tim Bickel	505.80
Carrie Kimpton	771.00	**	Jason Brown	503.00

150 miles to 499.9 miles

			Mike Duffy	276.36 ****
Wilford Stone	489.00	***	Tim Cortez	231.00 ****
Doug Buchanan	484.00		Colton Cortez	206.00 ****
Nancy Fox	442.35	*	Sue Gerth	201.60
Tim Kroeze	434.50		Nick Gearhart	199.25
Kathy Geers	394.70	*	Melinda Weaverling	185.80 ****
Ellery Smith	392.71		Nancy Patrick	179.00
Barry Lehew	336.80	*	Matt Pieper	151.50 ***
Shauna Holt	284.00	****	Gregg Kearney	151.20 ****

0 miles to 149.9 miles

			Dustie Doston	44.30 ****
Sarah Muggle	135.40	****	Becca Bunce	43.68 ****
Patrick Regan	126.75	**	Sher Barns	42.50 ****
Bruce Kinner	125.50		Harmanjit Mallhi	42.45 ****
Lance Miller	116.92	****	Elizabeth Olsem	38.55 **
Dick Heft	106.00	*	Kathy Murphy	30.50 ****
Leslie French	104.60	****	Justin Flick	28.50 **
Tami Smith	97.05	****	Tracie Thomas	27.92 *
Andy Clayton	94.00	**	Steve Mindrup	27.50 ****
Mona Elkhaldy	93.50	****	Lindy Hopp	25.75 *
Christine Luebe	87.25	*	Bob Dueker	21.50 ****
Robin Squires	83.60	****	Adam Hopp	18.00 ****
Eric Schulz	81.00	****	John Hall	17.45 *
Lesley Plotz	62.73	****	Karen Fashimpaur	16.50 ****
David Ard	61.00	****	Andrea Lillie	15.00 ****
Doug Lutz	55.05	*	Jacklyn Schmeiser	13.00 ****
Jason Beech	51.06	****	Janmarie Irish	8.08 ****
Ara Ispentchian	46.80	****	Khushman Dodd	8.00 **
Rosemary O'Hara	44.92		Jeff Pearson	7.00

**RUNNING MILEAGE BASED ON
HGN 07/25/10 MARION 07/23/10
STONE POINT AS OF 07/23/10**

TOTALS

Ann Voreis	2.50	****
Cheryl Hall	1.67	**
Jill Louzek	1.50	

SWIMMING
2009-10 FITNESS EXPERIENCE

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DISTANCE T-shirts for 150 or more miles
&
AWARDS Certificates for 50 -149.9 miles

1 mile = 5280 ft = 1760 yrds
1 mile = 72 lengths = 36 laps

Mileage from **August 1, 2009 to July 25, 2010**

150 miles and up

Nick Gearhart	355.47
Marliese Schmeiser	242.75 **
Lori Manzel	241.40
Glenda Sharp	224.40
Jeff Henry	182.90 ****
Fred Stieglitz	179.18 ****
Robert Pierson	172.00 **
Ken Manzel	157.75
Carrie Kimpton	150.00

50 miles to 149.9 miles

Annette Mohling	149.00	Forhad Khorsand	106.00
Sandy Boyer	149.00	Dennis Lee	97.00 ****
Vicki See	135.00 *	David Ard	83.10 ****
Ruth Ard	129.82	Nancy Fox	66.25 *
Phil Lowder	121.10	Dan Marks	65.67
Jeff Wilkins	114.50 ****	Nancy Raue	55.00 *

0 miles to 49.9 miles

Dotti Burke	40.02	Sabrina Ringold	11.90 ****
Sarah Muge	36.90 ****	Kris Swartz	10.70
Tim Kroeze	30.50	Jo Utter	9.50 ****
Ellery Smith	26.80 ****	Tami Smith	9.50 ****
Wendy Clark	26.60 ****	Lore Yoder	9.30 ****
Joyce Westberry	25.30 ****	Ara Ispentchian	8.00 ****
Debra Stein	23.50 ****	Norma Zumr	6.00 ***
Earl Vance	18.25 ****	Christina Burke	4.30 *
Connie Bird	18.20 ****	Jill Louzek	3.70
Steve Mindrup	18.00 ****	Khushman Dodd	3.09 ***
Harmanjit Mallhi	17.88 *	Dennis Lee	3.00 ****
Tim Bickel	17.62 ***	Dan Carolin (ON HOLD)	2.75
Kathy Geers	15.46 *	Bob Szczesniak	2.45 ****
		Tonya Braggs	2.00 ****
		Donna Butikofer	0.60 *
		Ann Voreis	0.50 ****

**SWIMMING MILEAGE BASED ON
HGN 07/25/10; MARION 07/23/10
STONE POINT 07/23/10**

WALKING

2009-10 FITNESS MILEAGE EXPERIENCE

After you workout, record your mileage to the **nearest tenth of a mile** on a slip of paper provided near the front desk. Mileage will be collected from August to July each year. Failure to report any mileage for four (4) consecutive weeks results in the loss of any mileage, unless you make arrangements, you will start at zero (0) when you resume turning in mileage.

DISTANCE T-shirts for 350 or more miles

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AWARDS Certificates for 150 - 349.9 miles

Mileage from **August 1, 2009 to July 25, 2010**

350 miles and up

Susan Beck	1175.00	Sarah Hamed	642.00
Lynn Anne Saddoris	1118.00 *	Carol Zumhof	575.00
Rick Hays	906.00	Bart Haddy	552.00
Phyllis Fleming	814.00	Mary Sheeley Anderson	520.00
Mary Weber	771.00	Jim Waite	502.20 *
Trudy Woods	736.00	Dotti Burke	484.00
Norma Zumr	735.40	Maggie Hrvol	406.10
Marliese Schmieser	715.00 *	Carrie Kimpton	382.50
Carl Schmeiser	668.75 *	Skip Johnstone (ON HOLD)	376.01

150 miles to 349.9 miles

Bob Ferguson	345.00	Rachel Clayton	224.98
Rosemary Hays	286.60	Carol Tralau	219.10
Lisa Long	284.50 ****	Jenny Powers	206.07 ****
Jeff Meskimen	264.00	Denise Houlahan	200.50
Matt Fritz	252.40	Donna Herring	195.25 *
Tom Roob	240.00 ****	Gina Garman	191.60
Linda Schultz	242.00	John Hall	189.11 *
Dawn Schuettpelz	236.00 ***	Karen Fashimpaur	155.50 ****
Kathy Geers	230.10 ****	LaVerne Daugherty	150.50

0 miles to 149.9 miles

Cheryl Hall	144.70	Fred Stieglitz	38.50 ****
Angela Aumer	105.00 ****	Keith McBride	38.00 **
Tonya Braggs	104.00	Robin Squires	38.00 *
Sandy Tanberg	94.00 ****	Vicki See	35.67
Ann Rowe	93.00 *	Brenda Tryon	35.10 ****
Sandy Boyer	91.50 *	Mona Elkhaldy	31.50 ****
Antonino Minone	83.65	Nicole Powers	31.20 ****
Joyce Westberry	81.30 ****	Nikki Robertson	30.00
Michael Jursic	70.50 ****	Nancy Patrick	26.00 ****
Mary Edmonds	69.25	Melissa McBride	25.50 ****
Ellery Smith	64.26	Hannah Durain	20.20 ****
Christine Luebe	63.75	Jessica Schmeiser	18.00 ****
Carole Ungerer	60.50	Michelle Phelps	17.00
Taryn Palas	58.10 ****	Sabrina Ringold	15.00 ****
Jacklyn Schmeiser	53.00 ****	Leslie French	14.50 ****
William Edmonds	50.70	Sher Barns	14.50 ****
Kelly O'Hara	49.55 ****	Denise Houlahan	12.00 ****
Stephanie Palas	48.76 ****	Tim Bickel	10.90 **
Julie Hakert	43.00 ****	Bev Kadlec	8.00 **
Nancy Raue	41.00 *	Mark Hammons	5.00
		Andrea Ramirez	3.00
		Vicky Kindl	2.36 **
		Courtney Reth	1.00 *

Walking: HGN 07/25/10

MARION 07/23/10

STONE POINT 07/23/10

**CROSS-TRAINING
(STAIR-CLIMBER OR EFX)
2009-10 FITNESS EXPERIENCE**

After you workout, record your mileage to the nearest tenth of a mile on a slip of paper provided near the front desk. Mileage will be collected from August to July each year. Failure to report any mileage for four (4) consecutive weeks results in the loss of any mileage, unless you make arrangements, you will start at zero (0) when you resume turning in mileage.

DISTANCE T-shirts for 400 or more miles
&
AWARDS Certificates for 150 - 399.9 miles

Mileage from **August 1, 2009 to July 25, 2010**

400 miles and up

Jim Patterson	1700.00	Pam Purvis	574.40 *
Lynn Anne Sadoris	1098.00	Carole Ungerer	581.00
Jackie Barnum	958.75	Rosemary Hays	553.60
Hal Garwood	917.50	Marty Langel	547.50
Sandy Osborn	888.00	Glenn Ungerer	515.10
Brian Mohling	884.00	Rick Hays	467.00
Jan Vauthrin	719.00	Jeff Pearson	450.18
Elizabeth Olsem	620.41		

150 miles to 399.9 miles

Jim Barns	396.20	Mary Weber	244.00 *
Charles Munro	377.75	Kevin Swartzendruber	239.83 ****
Cathi Kane	328.17	John Albert	231.90 ****
Sandy Tanberg	281.00 ****	Karla Graves	225.00
Alan Arnold	279.00 ****	Julie Ottaway	202.50 ****
Skip Johnstone (ON HOLD)	276.30	Shawn Cortez	199.00 ****
Trudy Woods	264.00	Jeff Meskimen	186.00
		Carrie Kimpton	184.00 ***

0 miles to 149.9 miles

Cindy Kramer	139.30 ****	Heather Cox	47.20 ****
Tracie Thomas	137.04 *	Mark Hammons	45.60 ***
Connie Bird	128.00 ****	Stacy Krug	39.54 ****
Jenny Powers	120.27 ****	Victoria Burns	36.00 ****
Denise Houlahan	108.25 ****	Annette Mohling	33.00 *
Sheryl Stanley-Dolan	105.85	Nancy Patrick	31.00 ****
LaVerne Daugherty	104.60	Tonya Braggs	27.50
Johnny Reimers	99.95 ****	Danniell Walters	27.50 ****
Kalpana Kearney	90.25 ****	Chevonne Clayton	27.30 ****
Taryn Palas	87.26 ****	Randy Schultejans	23.50 ****
Julie Hakert	81.00 ****	Joyce Kopecky	21.34 ****
Karen Fashimpaur	67.20 **	Doug Wagner	21.07 ****
Jim Bernstein	61.85	Kelsey Kearns	16.80 ****
Gina Garman	59.00 ****	Nancy Fox	16.50 ****
Nikki Robertson	57.50	Lindy Hopp	15.25
Michelle Braumann	55.72 ****	Patrick Regan	11.50 **
Lesley Plotz	54.64 ****	Courtney Reth	10.00 **
Stephanie Palas	53.40 **	Keith McBride	9.00
Khushman Dodd	48.03 ****	Greg Geiger	4.75 ***
Donna Butikofer	47.80 ****	Sarah Stadie	4.60
		Collette Barnes	3.20 *
		Shawn Goodell	3.20 *
		Vicky Kindl	2.40
		William Edmonds	0.50

**BASED ON TOTALS AS OF
HGN 07/25/10 MARION 07/23/10
STONE POINT 07/23/10**